# Orange Coast College

Volume 3. Issue 3



### Orange Coast College Included in Orange Coast Magazine's "Best" ssue

CC was recognized in Orange Coast Magazine's annual "Best" issue for the College's annual community science night, which will take place on Oct. 21 this year.

OCC's Science Night was named "Best Introduction to Science" by the lifestyle magazine, which publishes a midsummer issue every year highlighting the "best of the best" in Orange County. The community event draws thousands of locals who are treated to hands-on science experiments and demonstrations, including robot battles, volcano eruptions, ice cream making, and stargazing through highpowered telescopes.

Science Night is free for attendees and includes a free hot dogs, chips and a drink.

September 7, 2016

## Two OCC Grads Named UCI A TAP Scholars

range Coast College graduates Jessica Artinger and Ana Daneshvar were awarded Transfer Alliance Program (TAP) scholarships from the University of California, Los Angeles.

The scholarships are awarded to students transferring into UCLA and entitles recipients to at least \$5,000 per year. Students who receive TAP scholarships must be certified as having completed the honors program at their community college and are officially recognized as participants in the UCLA College Tap Scholars Program.

# Calendar Sept. 9 — Women's Soccer vs. Mira Costa

OCC Soccer Field, 3 p.m. Sept. 13 — "Pilates for Kids" **Guest Lecture** 

Art Center 147 & 148, 11:10 a.m. ■ Sept. 13 — ASOCC Service Fair & Club Rush

Main Quad, 10 a.m. Sept. 13 — Men's Soccer

vs. Norco OCC Soccer Field, 3 p.m.

Sept. 14 — Women's Water Polo vs. Saddleback OCC pool, 3 p.m.

Sept. 14 — Men's Water Polo vs. Saddleback OCC pool, 4 p.m.

■ Sept. 14 — Transitions **Opening Reception** Frank M. Doyle Arts Pavilion, 5 p.m.

Sept. 16, 17 & 18 — Theatre Nouveau Drama Lab Theatre, 7:30 p.m.

Sept. 17 — Dick Tucker Field Name Unveiling LeBard Stadium, 5:30 p.m.

#### Save the Date!

Oct. 20 — Great California Shakeout Main Quad, 10:20 a.m.

# Focus Day Sees Record Turnout of Faculty, Staff, Managers

record number of faculty, staff and managers turned out Afor OCC's Focus Day on Aug. 26.

More than 600 employees attended the annual event, which started with Division meetings and breakfast in the morning, and later moved to the College's Robert B. Moore Theatre for a program that included an updated on OCC's 2020 Facilities plan, and a general overview of the state of the campus. Employees also had a chance to hear from Coast College's new Chancellor, Dr. John Weispfenning, and gather tips from the head of OCC's Campus Safety department, John Farmer, about how to stay safe on campus.



The Focus Day program was followed by a delicious catered lunch where colleagues had a chance to break bread (or tacos!) together and catch up, and lunch was followed by break-out sessions with various unions and IT training.

## Dance Dept.'s Pilates Guest Series Will Improve Teaching Skills

The College's dance department will host its 10<sup>th</sup> annual Pilates Guest Speaker Series from Sept. 13 to Nov. 8. The series of five lecture-activity workshops will be held on the second and fourth Tuesdays of the months from 11:10 until 1:15 p.m. in the College's Art Center, Rooms 147 or 148, and are open to the public. Lectures run \$20 each, and attendees also can purchase all five lectures for \$80. The workshops are free for OCC students, faculty and staff.

According to Amelie Hunter, series coordinator and director of OCC's Pilates/Dance Conditioning Program, lectures will be given in small, intimate groups and will introduce students and teachers to therapies and exercise techniques that can be used to improve teaching skills, exercise results and injury prevention. The lectures also will give the audience a broader understanding of the many ways that Pilates can be incorporated for a healthy and joyful lifestyle.

The series begins on Sept. 13 with a lecture by Dena Lombardo titled "Pilates for Kids" that will focus on the many fun approaches to teaching children, and strategies to keep them attentive.

Other workshop topics include "Finding the Balance in Your Shoulders" on Sept. 27 by OCC instructor Donna Place, "Pre- and Post-Natal Pilates" on Oct. 11 with owner of LiveLife Pilates studio Leah Stewart. "Self Care for Pilates Professionals" will be presented by Barbara Nelson on Oct. 25, which will discuss ways to take care of oneself and avoid injury and burnout as a Pilates instructor, and a special "Ron Fletcher Pilates" class will be given on Nov. 18 by director of marketing and faculty member for Fletcher Pilates, David McMahan.

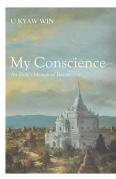
### Retired Coast Faculty Members Publish Books Over the Summer

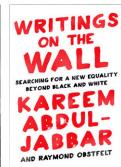
Two retired Orange Coast College faculty members published books this past summer.

Retired OCC professor of counseling services Dr. U Kyaw Win published a memoir titled "My Conscience: An Exile's Memoir of Burma" in late July.

Win, who worked at OCC for 30 years from 1968 until 1998, was born in Burma (now Myanmar) during colonial rule, and experienced both Japanese occupation and the early days of the country's independence. While studying abroad, the Burmese military seized power and he was unable to return home for 40 years. Win's memoir tells the story of his lifelong efforts to restore freedom to his homeland.

Retired English professor Raymond Obstfeld also published a book this month, co-written with longtime collaborator retired Lakers basketball player Kareem Abdul-Jabbar.





Obstfeld retired in 2015 after teaching at Coast for 39 years, and currently teaches at the College part-time. He has published more than 50 works, ranging from screenplays to novels to poetry.

His newest book, titled "Writings on the Wall: Searching for a New Equality Beyond Black and White" is a collection of essays on social and political issues such as racism, religion, gender, sports, and politics.

Both Win and Obstfeld's books currently are available on Amazon.com

# OCC Student Repertory Will Showcase Talents Sept. 16-18

The newest members of the College's Student Repertory Theatre Company will present a variety of short, dramatic and comedic scenes on Sept. 16-18 at 7:30 p.m. in the Drama Lab Studio.

The performance, titled Theatre Nouveau, is free to attend and recommended for mature audiences. For more information visit www.orangecoastcollege.edu/studentrep

# OCC To Name Football Field After Legendary Coach

The naming of Orange Coast College's Dick Tucker Football Field will become official on Saturday, Sept. 17.

The Pirates will host an event at the school's first home football game of the season against Ventura College, beginning at 6 p.m. A reception will be held prior to the start of the game at 4:30 p.m. on the Football Stadium Patio, and Coach Tucker will be recognized and honored with an unveiling of the scoreboard with "Dick Tucker Field" at halftime. Tickets to the catered event cost \$10 and proceeds will go toward supporting current OCC football players.